

## Year 2

### Summer



#### **Athletics – Run, Jump, Throw**

<b><u>PE skills for this unit</u></b>	
<b>Age Related Expectations:</b> <ul style="list-style-type: none"><li>• Can travel in a variety of ways including running and jumping.</li><li>• Beginning to perform a range of throws.</li><li>• Receives a ball with basic control</li><li>• Beginning to develop hand-eye coordination</li></ul> Participates in simple games	
<b><u>Knowledge for this unit</u></b> <ul style="list-style-type: none"><li>• Recap athletic events from Year 1</li><li>• Using cones to measure distance, throw and jump further than the cone</li><li>• Run faster and further than previously.</li><li>• Know what a hurdle is and how to jump over one</li></ul>	<b><u>Previous learning:</u></b> <ul style="list-style-type: none"><li>• Can run at different speeds.</li><li>• Can jump from a standing position</li><li>• Performs a variety of throws with basic control</li><li>• The variety of activities within athletics</li></ul> <b><u>Vocabulary</u></b> <ul style="list-style-type: none"><li>• Hurdles</li><li>• Lead leg</li><li>• Trail leg</li><li>• Steady Pace</li><li>• Javelin</li><li>• Shotput</li><li>• Triple jump</li></ul>

#### **Net/Wall Games**

<b><u>PE skills for this unit</u></b>	
<b>Age Related Expectations:</b> <ul style="list-style-type: none"><li>• Pupils will develop the basic skills involved in net and wall games.</li><li>• They will develop their understanding of the principles of net and wall games such as using the ready position to defend their space and sending the ball away from an opponent to maximise their chances of scoring.</li><li>• They will learn to play games honestly, abiding by the rules and showing respect towards their opponents and teammates.</li></ul>	
<b><u>Knowledge for this unit</u></b>	<b><u>Previous learning:</u></b>

- Release a good return to partner will help with a rally being maintained

Pupils will be introduced to the basic skills required in Net and Wall games. Pupils will learn the importance of the ready position and how to hold a racket. They will develop throwing, catching and racket skills. They will be encouraged to demonstrate good sportsmanship and show respect towards others.

**Vocabulary**

- Run
- Relays
- Throw
- Hurdles
- Jump
- Sportsmanship
- Win/lose